

Ingredients:

Water, Modified Tapioca Starch, Rice Flour, Maize Starch, Canola Oil, Wholegrain White Maize Flour, **Soy** Flour, Raising Agents (Glucona Delta-Lactone, Sodium Bicarbonate), Flaxseed, Sugar, Iodised Salt, Thickeners (Cellulose (464), Xanthan Gum, Guar Gum), **Yeast**, Vinegar. Contains: **Soy, Yeast**. May be present: **Sesame Seed, Tree Nuts**.

Store in a cool, dry place. Once opened store in an airtight container.

Nutritional Information

Servings per pack: 4	Avg Qty per Serve	Avg Qty per 100g
Serving Size: 80g		
Energy	782kJ	977kJ
Protein	1.8g	2.3g
Fat total	4.3g	5.4g
- saturated fat	0.4g	0.5g
Carbohydrate	34.0g	42.5g
Sugars	1.0g	1.2g
Sodium	331.2mg	414mg
Gluten	n/d*	n/d*

Quantities stated above are averages only.
n/d* - Non detectable on routine test.

Manufacturer:

Gluten Free Bakehouse Pty Ltd
formerly Zehnder Gluten Free
1/104 Nambour Connection Rd
WOOMBYE QLD 4559

Made in Australia from local &
imported ingredients.



www.gfbakehouse.com.au



Gluten Free
- BAKEHOUSE -

ENGLISH MUFFINS

4 Pack
320g NET



- AUSTRALIAN MADE -